

EMPOWER YOURSELF

track your own experience

the vergo symptom tracker allows you to better understand what is happening to YOUR body, and when



Remembering your symptoms can be a formidable task. Especially when you don't even know if they are symptoms! Then, being able to explain them coherently to your doctor is yet another barrier to wellness... When did this symptom happen? How often did it happen? How intense was it? Were you cranky that day? (...of course you weren't!)

Now you can track all of that invaluable information completely worry-free. Not only that—you'll be able to generate a report that you can take with you when you have that conversation with your doctor.

Get the iOS Vergo Menopause Symptom Tracker

at the App Store.

Now available completely FREE from anywhere in the world.

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